



## The happy rich life

It is interesting when I speak with friends, families and even random people that they feel like they are pressed for making ends meet with the little income they have.

I think that there are many people who have been told what the expectations of society are without them actually asking themselves or their partners what the expectations are for and between them!

This is a working list of questions I think individuals and couples should ask themselves when they need to have the “financial chat”. It can be really hard and awkward to have this chat as having this chat is still (□) a huge taboo and big deal!

Questions to ask yourself to help you determine what the happy rich life means to you:

1. Write down what you define as a rich happy life
2. When you hear the word rich, what does it mean to you?
3. What do you value and why?
4. What stresses you?
5. What are your challenges personally?
6. What do you feel makes you happy? Why?
7. What plans do you have?

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